

Saturday July 10<sup>th</sup>

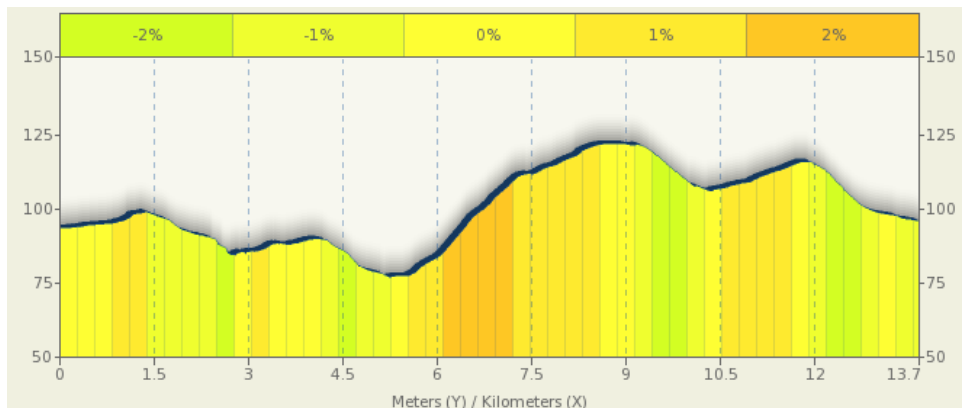
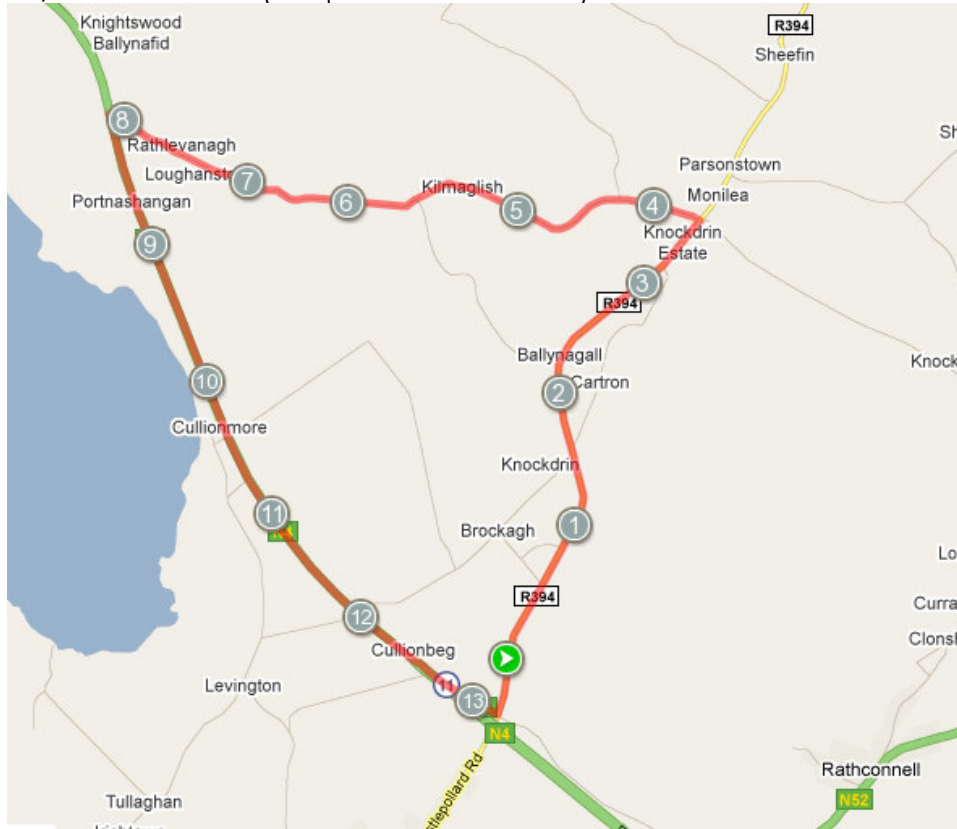
**Stage 1:** Road Race

Sign on: 11.00am to 1:00pm at Mullingar Rugby Club

Race start: 2:00pm from Mullingar Rugby Club

A4 Race: 55km (4 Laps of 13.7km circuit)

A2/A3 Race: 82km (6 Laps of 13.7km circuit)



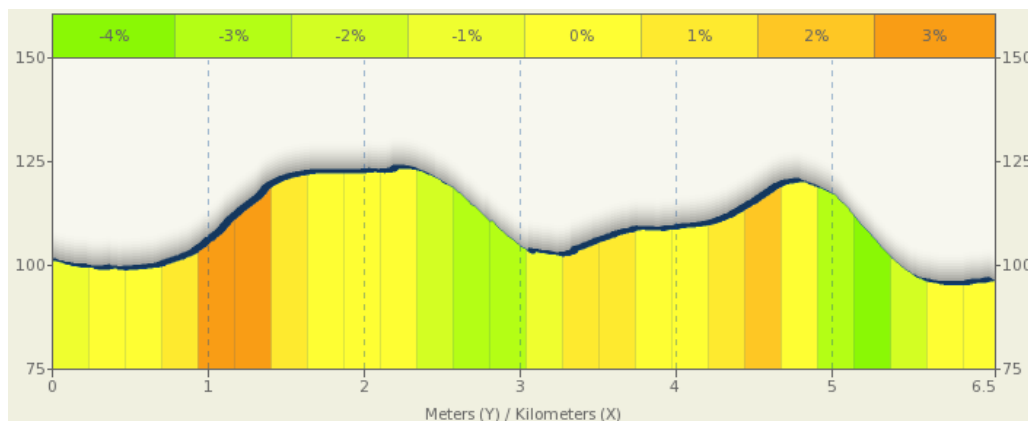
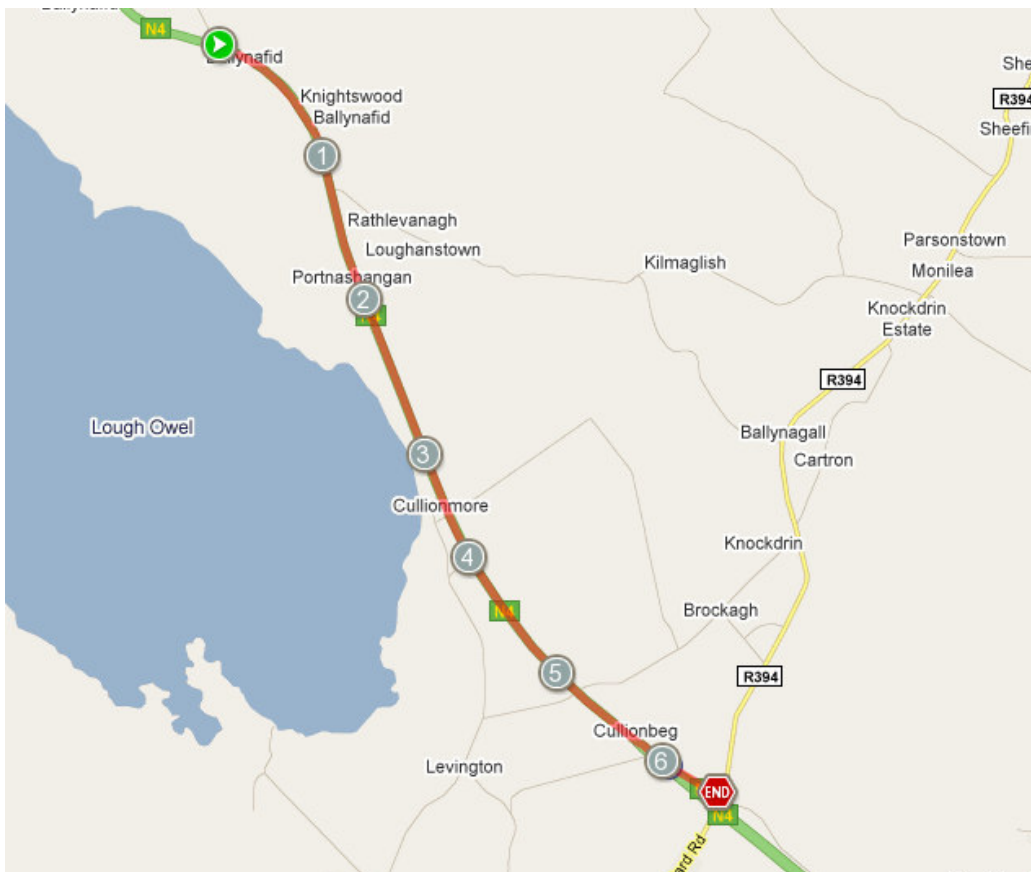
Sunday July 11<sup>th</sup>

**Stage 2:** Individual Time Trial

Race start: 9:00pm from Covert Bar/ Restaurant on N4 (Longford)

Riders start in race number order (1 min. intervals)

6.0km (From Covert to top of 1<sup>st</sup> slip road (Castlepollard) for Mullingar – R394)



Sunday July 11<sup>th</sup>

**Stage 3:** Road Race

Sign on: 12:00noon to 1:00pm at Mullingar Rugby Club

Race start: 2:00pm from Mullingar Rugby Club

A4 Race: 57km (3 Laps of 19km circuit)

A2/A3 Race: 95km (5 Laps of 19km circuit)

